



**Dedham Medical
Associates**
Atrius Health

Obstetrics & Gynecology
781-329-1400

SPECIAL DELIVERIES FOR SPECIAL PEOPLE

No matter who you are, when you're expecting a baby your needs are special and deserve special care. That's why Dedham Medical has teamed with Harvard Vanguard Medical Associates to establish an Obstetrics and Gynecology service to provide you with top-quality, personalized care.

DMA's OB/GYN staff includes five physicians and two certified nurse midwives:

- **Cristina J. Diaz, MD**
- **Adriana V. Faur, MD**
- **Michele A. Helgeson, CNM**
- **Colleen A. Mannering, CNM**
- **Monica S. Ruehli, MD**
- **Wendie M. Trubow, MD**
- **Lori A. Wroble, MD**

OBSTETRICAL CAPABILITIES

Obstetrical services encompass physician and midwife delivery options, vaginal or Cesarean delivery methods, high-risk obstetrics, attentive pre-natal care, family-centered care, lactation support and post-partum counseling.

GYNECOLOGY CAPABILITIES

Gynecology services range from traditional, ongoing well-patient visits to treatment for such concerns as hormonal disorders, pelvic pain, uterine fibroids, pre-conception planning, family planning and birth control, infertility, menopausal issues, adolescent gynecology, urinary incontinence and gynecologic cancer. The staff utilizes advanced endoscopic technologies to perform laparoscopy, hysteroscopy and laser surgery.

HOSPITAL SERVICES

In addition, DMA and HVMA have established an affiliation with the Obstetrical and Gynecology Service at Newton-Wellesley Hospital, providing patients with access to delivery and surgical resources at the region's outstanding women's health center.

TO MAKE AN APPOINTMENT

As a partnership of **Dedham Medical and Harvard Vanguard Medical Associates**, DMA's OB/GYN team sees patients in DMA's conveniently located offices at One Lyons Street, Dedham, and 325 River Ridge Dr., Norwood.

You can make appointments by calling Dedham Medical at **781-329-1400** and asking for the Obstetrics and Gynecology service.

If you are seeking obstetrical services, you can ask for informational interviews with any of the physician or midwife caregivers. Our physicians and midwives have close, collaborative practices. Once you've selected an obstetrical caregiver, the staff can assist in arrangements for hospital services at Newton-Wellesley Hospital's newly renovated Maternity Unit.

Although appointments are scheduled through the Dedham Medical appointment system, you will receive any bills for clinician services from Harvard Vanguard.

For information about DMA staff and services, see our website at www.dedhammedical.com.

ON-CALL ACCESSIBILITY

If you should need to contact your DMA OB/GYN caregiver during non-office hours, they are accessible through the on-call system 24-hours-a-day.

You can reach them by calling DMA's main number (781-329-1400) and asking to speak to the OB/GYN physician (or midwife) on call.

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DEDHAM MEDICAL'S OB/GYN STAFF

CRISTINA J. DIAZ, MD

Medical School: Univ. of Massachusetts Medical School
Residency: Sinai Hospital of Baltimore
Certified: Obstetrics & Gynecology
Hospital Affiliations: Newton-Wellesley Hospital

ADRIANA V. FAUR, MD

Medical School: Iuliu Hatieganu Med. School, Romania
Residency: Boston Medical Center
Certified: Obstetrics & Gynecology
Hospital Affiliations: Newton-Wellesley Hospital

MICHELE A. HELGESON, CNM

Undergraduate School: Middlesex Community College
Graduate School: University of Medicine & Dentistry of New Jersey
Boston Univ. School of Public Health
Certified: Nurse Midwife
Hospital Affiliations: Newton-Wellesley Hospital

COLLEEN A. MANNERING, CNM

Graduate School: Boston Univ. School of Public Health
Certified: Nurse Midwife
Hospital Affiliations: Newton-Wellesley Hospital
Faculty Appointments: Harvard Medical School
Boston College Graduate Nursing

MONICA S. RUEHLI, MD

Medical School: Tufts University
Residency: Tufts University Affiliated Hospitals
Certified: Obstetrics & Gynecology
Hospital Affiliations: Newton-Wellesley Hospital

WENDIE M. TRUBOW, MD

Medical School: Tufts University
Internship: Albert Einstein College of Medicine
Residencies: Albert Einstein College of Medicine
Tufts-New England Medical Center
Board-eligible: Obstetrics & Gynecology
Hospital Affiliations: Newton-Wellesley Hospital

LORI A. WROBLE, MD

Medical School: Boston University
Residency: Tripler Army Hospital, Honolulu
Certified: Obstetrics & Gynecology
Hospital Affiliations: Newton-Wellesley
Brigham & Women's Hospital
Faculty Appointments: Harvard University

CLINICAL CAPABILITIES

DMA obstetrical services focus on individual needs, education and support from the first stages of pregnancy to the healthy growth of your infant.

OBSTETRICAL CAPABILITIES AND RESOURCES

INCLUDE:

- Intensive pre-natal counseling/well-care
- Vaginal or Cesarean delivery
- Physician or midwife delivery
- High-risk obstetrics
- Family-centered care
- Lactation support
- Post-partum follow-up and counseling

GYNECOLOGICAL CAPABILITIES AND RESOURCES

INCLUDE:

- Ongoing well-patient care
- Hormonal disorders
- Uterine fibroids/other pelvic pain problems
- Pre-conception planning
- Family planning and birth control
- Infertility
- Menopausal issues
- Adolescent gynecology
- Uro-gynecology, including urinary incontinence
- Gynecologic cancer

TO MAKE AN APPOINTMENT

If you would like obstetrical or gynecological services from Dedham Medical Associates, you can make a medical appointment or ask for an informational interview simply by calling Dedham Medical at **781-329-1400** and asking for the Obstetrics and Gynecology Department.

For more information about Dedham Medical staff and services, see our web site at www.dedhammedical.com.