



Dedham Medical
Associates
Atrius Health

To Make an Appointment:
781-329-1400

WHY CHOOSE DEDHAM MEDICAL?

When you choose Dedham Medical Associates as your healthcare provider, you're choosing a team of diverse primary care and specialty caregivers who offer you top-quality, personalized care.

DMA's 80 physicians and its nurses, therapists, technicians and support staff bring you strong expertise, advanced technologies and human compassion in more than 20 medical specialties and subspecialties, from internal medicine and pediatrics to asthma and arthritis management to sports medicine.

"At Dedham Medical, our commitment is to advanced, quality care in an environment that keeps the human element in healthcare," says Medical Director Michael Querner, MD. "Through associations with Brigham/Faulkner, Newton-Wellesley and Children's Hospitals and the Massachusetts Eye and Ear Infirmary, we can ensure that our patients have access to superb hospital resources."

DMA physicians have been recognized for their excellence with awards such as the "Outstanding Community Pediatrician Award" from Children's Hospital, the "Excellence in Primary Care Award" from Blue Cross and Blue Shield and the "Physician of the Year Award" from Harvard Pilgrim Health Care. For the past five years, the Pediatric and Internal Medicine staffs have been named to the *Harvard Pilgrim Health Care Physician Group Quality Honor Roll*.

PRIMARY CARE SERVICES

■ **Internal Medicine** provides the full range of adult primary care medicine, from periodic physical exams to treatment of acute problems like sinus infection to management of chronic conditions like hypertension. Internal medicine clinicians are the first line of care, assessing overall health, providing initial treatment and working with specialists for complex problems.

TO BECOME A PATIENT:

You can make an appointment with Dedham Medical physicians simply by calling the central number – 781-329-1400 – and asking for the their offices or departments. If you don't have particular caregivers in mind, we'll be happy to match you to an appropriate staff member. We see patients in offices at two convenient locations – One Lyons St., Dedham and 325 River Ridge Dr., Norwood.

When hospital services are needed, our physicians are on the staffs of several of the region's outstanding facilities, including Brigham/Faulkner, Newton-Wellesley and Children's Hospitals and the Massachusetts Eye and Ear Infirmary.

Dedham Medical accepts most major health insurance plans, including Harvard Pilgrim Health Care, Tufts Health Plan, Tufts Medicare Preferred, HMO Blue, Medicare and others.

In the fall of 2007, DMA implemented an electronic medical record (EMR). The EMR enables your healthcare provider to have immediate access to your health information, improving patient safety and our ability to deliver high-quality, well-coordinated care. The EMR will be replacing the paper record.

■ **Pediatrics** emphasizes preventive measures, with immunization and well-child visit rates among the highest of any practice in Massachusetts. When illnesses do occur, our pediatric clinicians provide top-quality care, whether for something as common as earache or sore throat or for more serious issues.

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SPECIALTY SERVICES

- **Allergy & Immunology** offers special expertise in treating asthma and the full range of allergy-related issues – from year-round runny noses to bee sting sensitivity to animal, dust mite, peanut, pollen and ragweed allergies.
- **Audiology** provides comprehensive hearing testing and hearing aid fitting and adjustment.
- **Cardiology** offers a broad range of services related to the treatment and management of cardiovascular disease, including on-site stress testing.
- **Dentistry provides the full range of dental services, including adult and pediatric dentistry, endodontics, orthodontics and periodontics.**
- **Dermatology offers care for the broad spectrum of skin, hair and nail problems for adult and pediatric patients, from acne to psoriasis and skin cancer.**
- **Ear, Nose & Throat** provides a broad range of medical and surgical care related to the ear, nasal and esophageal problems, from middle-ear disorders to sinus issues.
- **Endocrinology and Metabolism** deals with the full range of endocrinologic problems, from diabetes to glandular abnormalities to bone and mineral disorders.
- **Gastroenterology** provides diagnostic and treatment services for disorders of the gastrointestinal tract, biliary system, liver and pancreas.
- **Infectious Disease** deals with all aspects of infectious clinical issues, from colds and influenzas to bacterial, fungal and viral infections.
- **Laboratory** supports the full DMA staff with testing for an array of medical problems.
- **Nutritional Services** provides dietary education and counseling as part of patients' weight control programs, diabetes management or other nutritional issues.
- **Obstetrics & Gynecology**, a joint service with Harvard Vanguard Medical Associates, offers a full range of gynecology services, from traditional well-patient visits to diagnosis and treatment for such concerns as hormonal disorders, uterine fibroids, infertility and menopausal issues. Utilizing the resources of the region's premier maternity service at Newton-Wellesley Hospital, the obstetrical team offers both physician and midwife delivery options, vaginal or Cesarean delivery methods and high-risk obstetrical care.
- **Ophthalmology provides care for the full range of vision concerns**, from vision examinations and contact lens fitting to detection and treatment of disorders such as glaucoma, macular degeneration and cataract surgery.
- **The Optical Shop** offers expert services and a large selection of quality frames incorporating state-of-the-art lens technology.
- **Orthopedics/Physiatry focuses on issues of the bones, muscles and joints**, from medical and surgical treatment of muscle and tendon problems to pain management, sports medicine and joint replacement surgery.
- **Physical Therapy** provides comprehensive rehabilitation services for patients with physical, motor skill or pain problems, utilizing resources ranging from exercise therapies to infrared heat treatments and hydrotherapy.
- **Podiatry** deals with problems of the feet, such as corns, callouses, numbness, heel and ankle pain and similar problems correctable with orthotics or other treatments.
- **Pulmonology** focuses on a broad range of respiratory disorders, from emphysema to COPD.
- **Radiology uses technologies ranging from ultrasound to traditional x-ray** to provide diagnostic imaging of internal organs. The department's four radiologists work closely with other staff for tests ranging from chest x-ray to mammography. The mammography unit is certified by the American College of Radiology.
- **Rheumatology deals with issues ranging from osteoarthritis and rheumatoid arthritis to fibromyalgia, gout, lupus and scleroderma, Raynaud's disease, polymyalgia, spondylitis, temporal arteritis, systemic vasculitis and arthritis associated with inflammatory bowel disease and with kidney disease.**
- **Surgery provides a broad range of general surgery services**, from hernia repair to gallbladder removal and mole and lipoma excision.
- **Urology is concerned with providing medical and surgical treatment** for the full range of upper and lower urinary tract disorders, from urinary tract infections to urinary incontinence, kidney stones, prostate disorders, urologic cancer and male infertility.
- **The Venous Center uses minimally invasive laser and radiofrequency energy techniques** to eliminate unsightly varicose veins in the legs.

To make an appointment with any Dedham Medical staff member or department, call the central number – 781-329-1400 – and ask for the doctor's office or department.